

PSHE Thematic Curriculum Map Year A

PSHE (Personal, Social, Health and Economic) education is a crucial part of a young person’s education. It gives them access to critical information about themselves and the many facets of the diverse world around them. Our thematic spiral curriculum enables learners to develop an awareness of their own needs, how to develop and maintain healthy relationships and where they fit in to the wider world. At the same time each year pupils revisit a topic with age-appropriate materials which ensures that they gain a deeper understanding of the theme and allows for progression and retention of key skills and knowledge. The PSHE curriculum is split into the three key themes of Health and Wellbeing, Relationships and Living in the Wider World. Class teachers are supported to teach their class, this personal and delicate subject matter, creating a safe learning environment and secure base, utilising the relationships that they have built.

	Autumn 1 Healthy Lives	Autumn 2 Angels & Demons	Spring 1 Individuals & their Societies	Spring 2 Power of Nature	Summer 1 Myths & Legends	Summer 2 Mysteries & Adventures
	<i>Health and Well-being.</i>	<i>Relationships</i>	<i>Living in the Wider World</i>	<i>Health and Well-being</i>	<i>Relationships</i>	<i>Living in the Wider World</i>
KS2	Healthy Body	My Relationships	One World	Healthy Mind	Healthy relationships	Healthy Budget
Lower KS3	Healthy Me	My Relationships	One World	Healthy Mind	Healthy relationships	Healthy Budget
Upper KS3	Healthy Me	My Relationships	One World	Healthy Mind	Healthy relationships	Healthy Budget The
KS4	Healthy Me	My Relationships	One World	HealthyMind	Healthy relationships	Healthy Budget